



## THE BLISS of SPA TREATMENT

### CHOOSE YOUR USADHA JOURNEY

#### HOLY WATER BLESSING - 150 Minutes

Published rate : IDR. 1.950.000++  
Introductory offer : IDR. 950.000 net / person

*The Blessing holy water is poured for purification and the person performing the ceremony will chant mantras in ancient Sanskrit and include prayer and offerings. The water is significant because it represents chi or the flow of energy. The Treatment begins with singing bowl to provide a deep relaxation through soothing resonant sound affecting your body to a cellular level and opening up the flow of energy within your body. This process will bring the body back to a vibrational alignment that is harmonious with good health*

#### USADHAGIZING - 120 Minutes

Published rate : IDR. 1.750.000++  
Introductory offer : IDR. 850.000 net / person

*The Usadhagizing begins with Herbals body cleansing, continued with Balinese body scrub inside the cleansing area.*

*Massage with citrus oil is a good choice to stimulate energy flow and keep the body warm. Balinese body wrap including herbals milk bath will keep your body warm and energized.*

#### USADHASOOTHE - 120 Minutes

Published rate : IDR. 1.750.000++  
Introductory offer : IDR. 850.000 net / person

*The Usadha soothe begins with herbals Body cleansing, followed by Balinese body scrub application inside the cleansing area. Massagewith floral oil is a circular long stroke entire your body to stimulate your nerve system while effectively release tensions on your muscles. Balinese Body wrap application includingherbal milk bath to rejuvenate and refreshed.*

#### USADHALANCING - 120 Minutes

Published rate : IDR. 1.750.000++  
Introductory offer : IDR. 850.000 net / person

*This treatment has the potential to balance your energy and increase vitality. The Usadhalancing begins with herbals body cleansing followed by Balinese scrub application inside the cleansing area. Massage with herbals oil working very deeply to ease muscle and joint pain. Balinese Body wrap including herbals bath will balance your energy and increase your vitality.*

### USADHA SIGNATURE SPA

#### TAPAK TUNGGAL HEALING - 90 minutes

published rate : IDR. 1.300.000++  
Introductory offer : IDR. 630.000 net / person

*This is one of the Ancient Traditional Balinese Healing Massages performed by applying the ancient Balinese traditional healing techniques such as acupressure, stretching, palm and thumb pressure, the use of hot volcanic stone glade with long stokes at your entire body to stimulate energy flow, strengthen and balance it. These are effective in relieving muscle tension and improving your blood circulation. This treatment is combined with an application of Usadha Boreh infused arak on the problem areas, it will surely loosen up a stressed and tired body for a complete relaxation and healing.*

#### TAPAK KALIH HEALING - 90 minutes (Duo therapists)

publish rate : IDR. 1.600.000++  
Introductory offer : IDR. 780.000 net / person

*The Tapak Kalih Healing Massage widely called Usadha Rwa Bhineda in the ancient time where duo therapists work on the client at the same time. The therapists usually work together in a pattern or rhythm to create a sensory bliss for the mind and body. Truly a wonderful experience! Or the client might want specific bodywork done to meet the goals. This treatment is combined with Usadha Boreh application infused Arak, applied on the tension areas, it will surely loosen up a stressed and tired body for a total relaxation and healing.*



## CHOOSE YOUR OWN USADHA GIFTS

### **POWER VITALITY MASSAGE - 90 minutes**

Published rate : IDR. 1.300.000++  
Introductory offer : IDR. 630.000 net / person

### **POWER VITALITY MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

*The Vigor & Vitality treatment features traditional Balinese herbs, roots and spices well known for their potency and healing properties to strengthen and fortify one's physical energy and mental fitness.*

### **AURAL BEAUTY MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

### **AURAL BEAUTY MASSAGE - 90 minutes**

Published rate : IDR. 1.300.000++  
Introductory offer : IDR. 630.000 net / person

*Aural Beauty massage, featuring ancient Balinese healing massage techniques delivered with a mixture of fresh betel leaf and flower infused oil to refresh, repair and soften skin. The face is then cleansed with coconut water and a moisturizing mask is applied.*

### **BALI TRADITIONAL MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

### **BALI TRADITIONAL MASSAGE - 90 minutes**

Published rate : IDR. 1.500.000++  
Introductory offer : IDR. 730.000 net / person

*Balinese massage is one form of traditional Indonesian massages. Originating on the island of Bali, this massage involves a combination of techniques, including massage, acupressure, reflexology, and aromatherapy into one session. Often used for relaxation, this type of massage can also help loosen muscles and ease pain.*

### **APYA MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

### **APYA MASSAGE - 90 minutes**

Published rate : IDR. 1.300.000++  
Introductory offer : IDR. 630.000 net / person

*The Apya massage is believed to be effective in stimulating the life force energy and blood flow. Along circular strokes on entire body, full hand strokes over the long muscles stimulate the nervous system while effectively releasing tensions on the muscles.*

### **TEJASA MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

### **TEJASA MASSAGE - 90 minutes**

Published rate : IDR. 1.500.000++  
Introductory offer : IDR. 730.000 net / person

*Muscles and connective tissues. A combination of fingers, hand and forearm pressures and frictions works deeply into the muscles to stretch and break up knots, providing greater freedom of movements and improve blood circulation as well as keep your body feeling warm.*

### **VAYU MASSAGE - 60 minutes**

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person

### **VAYU MASSAGE - 90 minutes**

Published rate : IDR. 1.300.000++  
Introductory offer : IDR. 630.000 net / person

*This is a therapy where pushing techniques predominate, working very deeply to ease muscle and joint pain. It is an ancient system of healing which relies upon deep pressure massage to break down tensely knotted tissue and promote harmony of body, mind and soul. It will improve circulation, calm your nerves, and alter your mental state.*



## FACIAL SPA PLEASURE

### MOONLIGHT FACIAL MASSAGE - 75 minutes

Published rate : IDR. 1.100.000++  
Introductory offer : IDR. 540.000 net / person

*Moonlight Facial Massage is a traditional Balinese beauty treatment to slow down the aging process and achieve younger looking and skin glowing. It is also used to relieve stress, migraine headache, and sinus congestion.*

### SEA BREEZE FACIAL MASSAGE - 75 minutes

Published rate : IDR. 1.100.000++  
Introductory offer : IDR. 540.000 net / person

*It is Detoxifying and remove toxin from the skin and to regenerate the skin cell, using hot stones to open pores, pressing each point to stimulate blood flow and release the toxin into the lymphatic point. The cold stones used to close the pores and let the products work from inside.*

## GAZEBO TREATMENT

For ultimate relaxation, unwind and pamper yourself with comfort and enjoy your spa indulgence in one of our Spa Gazebos.

## BLISSFUL HANDS & FEET CARE

*Blissful Hands & Feet Care is a beauty treatment for the fingernails and toenails. Manicure and pedicure usually involve soaking the hands and feet, applying lotion, filing and shaping your nails and applying nail polish.*

### Manicure - 60 Minutes

Published rate : IDR. 950.000++  
Introductory offer : IDR. 500.000 net / person

### Pedicure - 75 Minutes

Published rate : IDR. 1.000.000++  
Introductory offer : IDR. 490.000 net / person



## WAXING TREATMENT

Our waxing treatments are designed to remove your unwanted hair

*Did you know? Almost any area of your body can be waxed, including eyebrows, face, bikini area, legs, arms, back, abdomen and feet.*

### HALF LEGS Upper Leg;

**IDR 275.000++**

*Starting two inches away from your bikini line, unwanted hair is removed from the front and back of your thighs. The waxing stops at the lower end of your knee.*

### Lower Leg;

*Starting at the top portion of your knee, unwanted hair is removed from the front and back of your lower legs. Feet are included.*

### FULL LEGS

**IDR 480.000++**

*Starting two inches away from your bikini line, unwanted hair is removed from the front and back of your thighs, knees, and lower legs. Feet are included.*

### ARMPITS

**IDR 99.000++**

*Unwanted hair is removed from the armpits region, below base of upper arms.*

### BIKINI

**IDR 145.000++**

*A portion of unwanted hair is removed from the top and the sides of your bikini line and in between the buttocks. The hair from your outer or inner labia will not be removed. A very small patch of hair is left in the front.*

### EYEBROW

**IDR 99.000++**

*Brows are lightly combed and may be trimmed before shaping. Brows will be shaped by waxing from underneath your brows, in the center and above if needed. We take into account how each client prefers to have their brows shaped.*

### UPPER ARM

**IDR 160.000++**

*Unwanted hair is removed from the upper part of your arm, above your elbow to near your shoulder.*

### MUSTACHE

**IDR 99.000++**

*Wax will be spread over your mustache area carefully and avoiding the delicate skin on your lips.*

### BEARD

**IDR 99.000++**

*Unwanted hair will be removed from your beard and beneath.*

### CHILDREN POLICY

*Children under the age of sixteen (16) years can only receive treatment under parental supervision.*

### CANCELLATION / NO - SHOW POLICY

*Cancellation of Spa bookings must be received no later than twelve (24) hours local time, prior to treatment in order to avoid cancellation fee being charged. Failure to comply with this policy will result in a 50% charge being made for treatment booked.*

*21% tax & service charge will be added to the above prices  
for more information and reservation, please contact at +62 361 751 711 ext. 8968*